

The Old

WACONIAN

Beyond the Green Door





An Interior Designer

Caz Myers,

Class of 1990

How do you start your day? Usually doing a workout with my Personal Trainer at the gym 3 or 4 times a week to energise and get my day started in the best possible way.

What's your go-to breakfast? A healthy smoothie.

When you're not working from home, where do you work? You can regularly find me on various building sites!

How did you get to where you are in

your career? I used to work in the theatre industry for 12 years doing marketing and PR for numerous West End shows. I loved it and it was fun and vibrant but I found myself with a hunger to change careers. It transpired that anything to do with Interiors that I was involved in either for friends or for myself seemed to end up being featured in magazines. This soon made me realise that I perhaps had a talent which

I could potentially make into a career and which I loved doing. I decided to go back to college to study Interior Design followed by a 6 months stint of work experience for an established Interior Design company. I ended up staying in that company for 8 years and worked my way up to Senior Designer. Then almost 13 years ago I set up my own company and have never looked back!

Where would I find you at lunch? It's unfortunately very rare that I find time for a proper lunch break!

What's the best bit about your job?

I love the end result when everything comes together and seeing a client happy after often a year or two of collaborating on all aspects of their home.

Where do you look for inspiration? Everywhere - hotels / social media / magazines / travel (when the world allows)

What's the best piece of work advice you have ever received? In our job there is often a huge amount of fire-fighting to be done - we juggle a host of different elements as we project manage all the building work as well as pulling together all the design led elements of a project. I always advise clients that there is always a solution however un-feasible that may look at the time. We always look forwards and not backwards. This was an invaluable lesson I was always taught from the get-go

How do you wind down at the end of the day? I often hang out with my kids,

cook dinner, watch some Netflix, or see friends and try hard not to keep working through the evening which is sometimes necessary and often tempting to do.

And finally – why did you choose the interior photo that you have done?

I am incredibly proud of this project. It stemmed over 3 years and was a 15,000 sq foot new build house in Berkshire which clients of mine left London to turn into their new family home. The entrance hall is striking and leads into an amazing open plan space with lots of unexpected wow factor.

You can find more of Caz's design work on her website (www.cazmyers.com) or Instagram @cazmyersdesign